

## ∞ Dates, Time & Place 2008

Seattle:

July 12, Oct 11, & December 6, 2008

All are Saturdays. Times: 10:30 am to 5 pm.

## ∞ Registration

**Fee: \$335 per couple in Seattle**

**\$375 outside**, check website for outlying classes

**Singles** are encouraged to bring along a friend as a practice partner and sign up as a couple.

You may pay with credit or debit card, on-line at [www.KissingSchool.com](http://www.KissingSchool.com)

Or

**Mail** check, payable to Lotus Holistic Therapies to:  
**Cherie Byrd, 2808-II E. Madison, Suite 202,  
Seattle WA 98112**

Please include your name(s), address, e-mail,  
phone and date of class with your registration.

Logistical details will be sent by email (unless no addy  
is offered) with class confirmation upon receipt of  
registration.

## ∞ Private Classes Available

You and your beloved are welcome to share a private  
class in which we can focus upon your particular needs  
and gifts. Sessions are held at my office and are 3 hours.  
You may participate in one or more sessions.

Fee: \$375 per session/couple, surrogates available, see  
website for info or call Cherie.

## ∞ Gift Certificates

Gift certificates and invitations are available for  
group or private classes and therapy sessions. Invite your  
beloved into a deeper experience of connection.

## Also Offering

### ∞ The Book: *Kissing School,*

*Seven lessons on love, lips & life Force*

The exciting new *Kissing School!* textbook is now  
available in bookstores and at our website.

### ∞ *Spirit in the Flesh*

*tantric energy embodiment training*

This is a training group for engaging the energy circuitry  
of chakras and subtle energy bodies. These ancient and  
modern alchemical practices are used to empower one's  
health, sexuality and your mastery in the world.

### ∞ *Spirit of Sex*

*the practice of sacred sexuality*

This is the third class in the Kissing School series. After  
cultivating an ability to embody and circulate the  
bioelectrical energies, one may apply these practices to  
deepening one's sexual life. This generates a sacred and  
potent context for opening the heart and sharing one's  
deepest Self through the body.

### ∞ *Private Sessions*

*Holistic Therapy for body, heart,  
mind & spirit*

Cherie is also available for private, individually designed  
Holistic Shamanic Therapy sessions for singles and  
couples, including Tantric Energy Work. Sessions are a  
unique blend of practices for healing, integration, and  
evolution; covering a wide range of therapeutic issues  
for personal and relationship growth.

Details: [www.LotusHolisticTherapies.com](http://www.LotusHolisticTherapies.com)

### ∞ *Questions & Calendars*

FAQ @ [www.KissingSchool.com](http://www.KissingSchool.com)

E-mail: [KissingSchool@aol.com](mailto:KissingSchool@aol.com)

Call Cherie @ 206.324.2526

Kissing  
School®  
2008



*There is some kiss we want  
with our whole life,  
the touch of spirit on the body.  
Rumi*

*There is more behind a kiss  
than meets the lips.*

*Teri Wilson, songwriter & musician*

### ☞ *Cultivate your Inner Lover*

We yearn for the soulful presence of the beloved. We ache to feel our selves connected and embraced. We wonder how this depth of lusciousness is found.

### *How does chemistry get activated?*

### ☞ *Discover your inner fire*

Creating chemistry is an internal process. Our deepest selves are reservoirs of sweetness and energy waiting to be experienced and offered. Attuning our body/mind to ignite and resonate with this vibrational frequency of luscious energy, while cultivating *the kiss sublime*, is what *Kissing School!* is about.

In this playshop you will discover practices for cultivating the fine art of kissing; variations on style are developed, permissions given, and ancient Tantric kissing secrets revealed.

While this is going on, we will be amping up your internal energy by activating the bioelectrical energy of your body, mind, heart and soul; developing a dynamic attunement to intimacy. This is sometimes called internal alchemy and it ignites the fire of connection.

This gift of flowing energy and fiery connection is then offered within the evolving kiss.

*Kissing School!* is a day of juicy fun, and offers tools that will be available to every kiss thereafter. No previous experience with Tantra or energy work is necessary, chapstick may be!

### ☞ *This is an experiential class!*

The art, style, and power of the *kiss* will be tasted, developed and shared with your partner.

*Tantric energy practices* include: grounding, centering, beginning chakra balancing and running energy, with particular attention to energizing the heart chakra.

These exercises activate the bioelectrical circuitry of the bodymind & soul, and greatly enhance the qualities of presence, passion and intimacy in any relationship.

Each exercise will offer an opportunity to expand your potential for offering and for receiving. Risking, boundaries, courage, power issues, and bliss tolerances may be challenged as we open to our energetic fullness, and our deepest heart.

The tender merging of lip and tongue while being fully *in* our body, deeply grounded, while breathing openly, with chakras flowing, evokes a profoundly nourishing experience of intimacy.

Deep connection brings more of us to life, and our living is greatly enriched.

### ☞ *Who comes to Kissing School?*

You will find a variety of classmates joining you for this playshop. Usually they range from their mid-twenties to mid-sixties.

Some have been married for 20 or more years and are looking for fresh inspiration. Other students are planning marriage and want to make certain they have the skills for continuing to cultivate their intimacy.

Some students come because they seem to have missed out on earlier instruction, or because they feel there's always something more, something deeper to learn about loving.

Still others are single and want to bring new skills and awareness to their next relationship. Single students will need to invite a playmate to come along and explore the land of kissing with them. You will be offering an unforgettable experience and they'll thank you for it!

You will be practicing only with your partner, and there is no nudity or explicit sex.

### ☞ *Creator & Teacher*

*Cherie Byrd, MA* is a cutting-edge holistic shamanic psychotherapist, author, healer, speaker and educator specializing in body/heart/mind/spirit integration, subtle energy embodiment, spiritual emergence, sacred sexuality and spiritual relationship.

Cherie has been in private practice in Seattle, WA since 1978 and is a pioneer in the field of Energy Psychology. Cherie is the creator and facilitator of trainings on sacred sexuality and the embodiment of high frequency states of consciousness, including her internationally recognized Kissing School.

She is the author of *Kissing School, 7 Lessons on Love, Lips, and Life Force*, and has been profiled in print, screen, audio and internet media around the world.

### ☞ *Questions & Calendars*

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